



OUTDOORS



## Day Walk Preparation

### Plan ►

- What does poor mean to you?
- How can you make a difference to someone who doesn't have as much as you?
- Design a shopping list for your patrol (6 members) for food for a one-day bushwalk, with a budget of \$12.
- How do you make sure everyone can participate in the activity and can eat enough?
- What can you do to help others have suitable equipment for the bushwalk?

### Do ►

- Complete the shopping ensuring maximum value-for-money
- Would this be suitable to keep your patrol fed and energised for the whole day?
- What happens if your total budget changed to \$36?

### Review ►

- How did you determine the key items and prioritise these in your shopping?
- What can we learn from this activity to improve our actions in our daily lives into the future?
- What can we do differently next time to make sure the activity is available to those who might have less than we do?

Share your experience with your peers and discuss how each of you might tackle this differently next time