

## Resilience Survey Key **Findings**

Scouts Australia partnered with Resilient Youth Australia to conduct the Scouts Australia Resilience Survey to investigate the impact of Scouting on the resilience of its youth members.

A sample of current youth members aged 8-18 years old across all States and Territories took part in the survey. Their results were benchmarked against the Australian norm dataset of 48,671 young people aged 8-18 years.

Through this survey, we have found that Scouts have an overall better life satisfaction than their non-Scouting peers, and that the longer they stay in Scouts, the more resilient they are likely to become.

Scouts are more likely to enjoy school  $(75.6\% \vee 69.4\%)$ 





Scouts are more likely to read for fun (60% v 45.9%)



Scouts are more likely to hold more hope for a positive future than non-Scouts (78.8% v 69.4%)

Scouts are more likely to forgive others who are mean to them (72% v 65.7%)





Scouts are more likely to report they have adults who set good examples for them (93.4% v 86.6%)



Scouts are more likely to trust others (81.5% v 68.5%)



Scouts have an overall better life satisfaction than their peers (87.7% v 82.5%)

Scouts have a healthier mental state than non-Scouts  $(62.1\% \vee 49.1\%)$ 



A Scout's values are more likely to be more positive than non-Scouts (68.7% v 57.7%)





Scouts are more likely to get along with people who are different to them (86% v 80.8%)



Scouts are more likely to feel they can talk about things that are upsetting them (58.5% v 52%)

Scouts are more likely to feel good about themselves  $(81.8\% \vee 70\%)$ 





Scouts are more likely to have a better healthy body image than non-Scouts (63.5% v 51.9%)



Scouts are more likely to give time to help others  $(81.3\% \vee 73.2\%)$ 



Scouts have better social skills than non scouts  $(76.1\% \vee 70.5\%)$ 



Scouts are more likely to be selected to help with tasks at school (66.6% v 54.5%)



Scouts are more likely to know they can solve a problem when others want to quit (66.8% v 58.7%)



Scouts are more likely to feel they make a positive contribution to their community than non-Scouts (58.8% v 43.4%)