

# Challenge Card

## SDG 2 - Zero Hunger

# Personal Growth



Sustainable Development Goal 2  
Zero Hunger

### Key SPICES Growth



Social



Physical



Intellectual



Character



Emotional



Spiritual

### Likely Scout Method Element/s



Community Involvement



Learning by Doing



Nature and the Outdoors



Patrol System



Personal Progression



Promise and Law



Symbolic Framework



Youth Leading, Adults Supporting

### Best For



Joey Scouts



Cub Scouts



Scouts



Venturer Scouts



Rover Scouts

## Plan>

1. Plan for all participants to bring \$2 to share the cost of this activity.
2. Decide on cooking using an open fire or camp cookers. Check what utensils you need to prepare your meal(s)?

3. Research where your local supermarket is located and plan how to get there, this might be walking or public transport.

Consider:

\* How many ingredients you need to make a meal?

\* Can you make a meal with less than \$5? How about less than \$3?

\* Challenge yourself to use the lowest number of ingredients possible to make a nutritious meal.

\* Try preparing a 2 or 3 course meal.

## Do>

1. In Patrols, decide on a menu.
2. Write a grocery list of what ingredients you need.
3. In your Patrols, go to the local supermarket to buy your ingredients.
4. Return to the hall and set-up your cooking equipment
5. Cook your meal!
6. Clean and pack away all cooking equipment and utensils.

## Review>

1. Which patrol used the least ingredients?
2. Which patrol's meal(s) was the healthiest?
3. What would you do differently next time?
4. Could you do it with less ingredients next time?