

The Last Great First and Scouts Australia

Interested in exploring some activities alongside The Last Great First expedition, then here are some ideas to get you started.

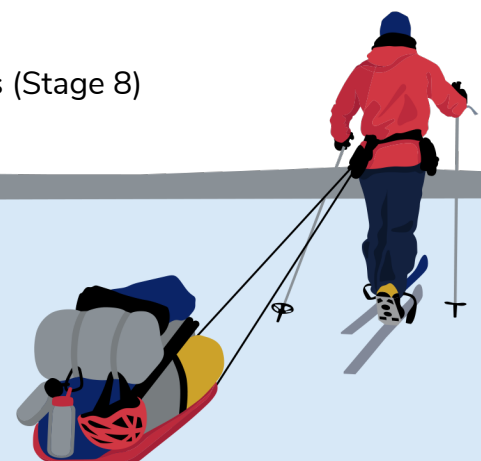
Outdoor Adventure Skills

The Last Great First Explorers will be using many skills that we can develop in the Outdoor Adventure Skills – what great stories do you have as you work through the following areas:

- Bushcraft
- Bushwalking
- Camping
- Alpine
- Vertical

Have you considered exploring statements in Outdoor Adventure Skills regarding aspects that might be relevant to the expedition as well:

- Bushcraft
 - Cultural, environmental and historical significance of the areas you do activities in (Stage 5)
 - Cloud types and weather patterns (Stage 5)
 - Gain permits and permissions for areas (Stage 5)
 - Navigation and route variations
 - Maintain communication (Stage 7)
 - Prepare and describe emergency plans (Stage 7)
 - Manage fatigue (Stage 7)
 - Gain/Maintain First Aid skills (Stage 3, Stage 5, Stage 8, Stage 9)
- Bushwalking
 - Cultural, environmental and historical significance of the areas you do activities in (Stage 5)
 - Weather considerations (Stage 5 onwards)
 - Hazards and risk minimisation (Stage 4/ Stage 5)
 - Activity in a wilderness area which contributes to environmental improvement (Stage 6)
 - Navigation and route variations
 - Equipment preparation and inspection (Stage 7)
 - Planning documentation of longer duration hikes (Stage 8)
 - Low impact environmental practices (Stage 8)



- Gain/Maintain First Aid skills (Stage 3, Stage 5, Stage 8, Stage 9)
- Camping
 - Select equipment appropriate for activity (Stage 4)
 - Cultural, environmental and historical significance of the areas you do activities in (Stage 5)
 - Weather considerations (Stage 5 onwards)
 - Extreme weather camping (Stage 6)
 - Gear care and maintenance (Stage 4)
 - Minimise food waste / waste management (Stage 5)
 - Specialised training requirements (Stage 8)
 - Gain/Maintain First Aid skills (Stage 3, Stage 5, Stage 8, Stage 9)
- Alpine
 - Alpine sport experience (Stages 1-3)
 - Built an emergency shelter in the snow (Stage 3)
 - Gain/Maintain First Aid skills (Stage 3, Stage 5, Stage 8, Stage 9)
 - Obtain safe drinking water (Stage 4 onwards)
 - Set up tent in snow (Stage 4)
 - Safe approach to hazards and risk minimisation (Stage 4 onwards)
 - Select suitable equipment (Stage 5)
 - Navigation in alpine environments (Stage 7)
 - Low visibility activities
 - Towed equipment to support snow camping (Stage 9)
- Vertical
 - Appropriate / relevant knots (Stage 3 onwards)
 - Impact of weather on equipment (Stage 4 onwards)
 - Communication calls (Stage 4 onwards)
 - Principles of shock loading (Stage 5)
 - Vertical self-rescue drills and skills (Stage 6 onwards)
 - Rigging ladders (Stage 6)
 - Equipment safety checks (Stage 6 onwards)

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