**Scouts Australia
Ready to Scout Plan**

Youth Member Name: Date:

This Plan should be completed by adult leaders collaboratively with the youth member and their parent / carer. This tool is designed to help adult leaders support the youth member engage in a Scouting Program. Please see the resource “Parent Carer Conversation Framework: Ready to Scout” for further guidance.

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| I get angry, frustrated or anxious when this happens:  |
| ❑ ❑ ❑ ❑ (add more if necessary) |
| When I get angry, frustrated, or anxious, my behaviour can look like:  |
| ❑ ❑ ❑ ❑ (add more if necessary) |
| Some things that **I** can do to help myself de-escalate are:  | Some things **an adult** can do to help me de-escalate are: |
| ❑ ❑ ❑ ❑ (add more if necessary) | ❑ ❑ ❑ ❑ (add more if necessary) |
| I know that I am calm when I look like this:  | And I feel like this: |
| ❑ ❑ ❑ ❑ (add more if necessary) | ❑ ❑ ❑ ❑ (add more if necessary) |
| Any other details: |
|  |
| We will implement this Ready to Scout Plan for the following period:  |
|  |
| We will review this Ready to Scout Plan on:  |
|  |