## Packing list



This is your guide for what you need to prepare in the coming months for the World Scout Moot. Starting to think about your equipment now is important to ensure you have an enjoyable and safe trip. There might be path-specific needs that will be communicated later. Ensure before you leave and return to Australia that all your equipment and clothing is clean to meet biosecurity requirements of any countries you are travelling to or stopping over in. You will also have to clean your equipment before you return to Australia to meet biosecurity restrictions.

	rements of any countries you are travelling to or stopping over in. You will also have to clean your oment before you return to Australia to meet biosecurity restrictions.
Sleep	oing equipment
	Sleeping bag & liner
ш	Pillow (optional)
Camj	ping equipment
	Day bag/backpack
	Luggage/hike pack with rain cover. On multiple occasions participants will be required to carry all their own luggage up to 2km on public transport, through a forest with bark paths and up & down hostel
_	stairs. Please bring a sturdy hike pack and ensure you can easily carry all your luggage.
	luggage. Due to the constraints of having such a large event, tents must be only 1 or 2 person hike tents
	to ensure everyone gets space for themselves. Your tent should also be able to last 10 nights. You are required to take your tent to and from the event.
	2 x 1L water bottles or water bladder
_	
Sun s	safety
	Hat
	Sunglasses
	SPF50+ Water resistant Suncream (Please note suncream is very expensive overseas – ensure you bring
	enough from Australia.)
	SPF-rated lip balm
	Aloe Vera/After Sun lotion
	Long sleeve shirts
Heal	th & First Aid
	Personal Hand Sanitiser (requirement for Pre Tour participants; we aim to arrive illness-free to Moot)
	Band-Aids/dressings (assorted sizes), blister treatment, sports tape (for sprains), tweezers, sanitary
	pad, thermal blanket, triangular bandage.
	If prone to injury: Joint brace (for example ankle or knee). Disposable heat pack.
	Suncream, aloe vera lotion, insect bite cream, antiseptic gel, chafe cream.
	Personal travel medicines (like paracetamol, ibuprofen, cold & flu medication, Gastro-stop, Quick-eze,

travel pro-biotics, hydrolyte, motion/travel sickness medication, antihistamine, vitamin C).

	controlled/restricted medication.	
Clothing		
	Full Scout uniform including shirt, beige/stone-coloured long pants, Scouts Australia scarf and name badge (scarf and name badges included in your contingent kit)  Modest clothing (requirement for Morocco) (long sleeve loose-fitting shirts, long loose-fitting pants) (you may like to bring headscarf to wear over hair or shoulders)  Underwear and socks  Shorts and long pants  T shirts and long sleeve shirts  Jumper & warm clothing (thermals may be required depending on path)  Swimwear & sun/beach cover-up  Towel  Thongs/sandals (for showers and beach)  Closed toe shoes for good weather (sneakers)  Walking shoes or boots suitable for poor weather (waterproof with ankle protection due to uneven forest floor at Main Camp)  Raincoat/Waterproof jacket	
Miscellaneous		
	Travel Wallet & money card ID card and passport (A copy of your documents is also recommended) Individual travel insurance card/documentation (if travelling outside of Australian Contingent) Mobile Phone & charger & headphones Battery pack (No access to power at tents, only common areas) Australian power board (for charging with friends) Travel plug adaptor: Both Type C and Type F are used in Portugal. Toiletries (like toothbrush & paste, sanitary products, hair products/tools, deodorant, razor, contact lenses) Ear plugs and sleep mask	

<sup>\*</sup>The contingent will purchase washing detergent for use if you wish to for laundromats on the pre-tour and post-tour.